

Quick 1-minute videos on each product [HERE:](https://www.wildgardenfarms.com/monthly-apothecary-box-info)
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JUNE 2023 APOTHECARY BOX

- **ROSE CLEANSER:** Simple, feminine, powerful, moisturizing, silky, smooth, healing, heart-opening and decadent.
 - Ingredients: fresh rose hydrosol, castile soap, fractionated coconut oil
 - Instructions: Use with delicate skin for extra moisture and smoothness. A floral wash gentle enough for your face or a baby's bottom!
- **GARDEN PARTY SEA SALT:** Freshly picked spring-time garden herbs, gently chopped and massaged into Himalayan sea salt then dehydrated. Adds savory brightness to lunch and dinner dishes. Use as a seasoning salt or use in place of regular salt in any savory recipe.
 - Ingredients: basil, thyme, oregano, chives, wild dogfennel, parsley, sea salt
 - Instructions: Sprinkle on your savory dishes to impart fresh flavor or use in place of your normal sea salt.
- **BLOAT-EASE CAPSULES:** These pastilles do exactly what they say! Use in situations where you need gut support after a heavy or large meal. All herbs are well-known aromatics that help to move gas along and calm the nerves in your digestive tract.
 - Ingredients: meadowsweet, peppermint, fennel, chamomile, and ginger powders
 - Instructions: Take 1-2 capsules when needed to soothe gas, bloating and digestive discomfort.
- **AFTER-SUN SPRAY:** Calming, soothing, cooling and rebuilding. Spritz on skin after you've been in the garden or at the beach. This spritz is filled with herbs that encourage your skin to feel smooth and revitalized instead of hot and tender.
 - Ingredients: green tea, lavender & elderflower-infused witch hazel, aloe vera gel, calendula hydrosol
 - Instructions: Spray on your skin after being in the sunshine to soothe sensitive redness. Store in refrigerator.
- **HERBAL SUGAR CUBES:** These fun and summery sugar cubes are crafted by blending organic cane sugar, fresh hydrosols, flower petals and freshly ground herbal powders. They're then placed into molds and slowly dehydrated until firm and gorgeous. Let these be a treat and let your taste buds relax into pleasure. The applications are endless!
 - Ingredients: pink: rose hydrosol, rose petals, strawberry powder; blue: cornflowers, blue spirulina, rose hydrosol; green: jasmine hydrosol, turmeric powder, lemon verbena powder and all contain organic cane sugar.
 - Instructions: Place a few cubes in hot tea or coffee, or use with your cocktails or mocktails!

with love and plants.
Mary Julia